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WO 02/17929 A1

(54) Title: TREATMENT OF URINARY DYSFUNCTION

(57) Abstract: The invention provides a pharmaceutical composition for treatment or prevention of urinary dysfunction in a mammal. The composition includes a pharmaceutically effective amount of one or more substances capable of enabling the bladder of the mammal to mimic conditions found in advanced pregnancy. Alternately, the pharmaceutical composition has a pharmaceutically effective amount of one or more substances adapted to regulate the expression of one or more ATPases that control the supply of ATP to P2X receptors in the bladder of the mammal. In one aspect, the pharmaceutical composition may downregulate expression of subtype receptors P2X₁, P2X₂, P2X₃ and P2X₅, possibly upregulating expression of subtype receptors P2X₄ and P2X₆.

Treatment of Urinary Dysfunction

Technical Field

This invention relates to treatment and/or prevention of continence problems, including urinary incontinence attributable to benign prostate hyperplasia in males 5 and detrusor instability or sensory urgency in females and males. In particular, the invention can be useful for treatment of refractory cases; however the invention is not necessarily limited to this application. The invention is particularly concerned with incontinence in humans but, once again, is not necessarily limited thereto.

Background Art

10 Urinary incontinence is recognised as a problem having social and economic effects for both men and women. Either sex can suffer from instability of the detrusor muscle of the bladder or from sensory urgency. In men, benign prostate hyperplasia can lead to urinary incontinence.

Attempts have been made to treat or prevent urinary incontinence, especially in 15 women. There have been several studies of the effects of estrogen therapy on postmenopausal women and most studies indicate that estrogen therapy in the form of hormone replacement therapy can alleviate some symptoms in some subjects.

However, estrogen treatment as disclosed in the prior art does not provide sufficient improvement in many subjects, especially in those cases considered 20 refractory. The search has continued for a solution to the problem of urinary incontinence, as illustrated, for example, by US patent No. 5,789,442 (K. Chwalisz & R.E. Garfield, assigned to Schering AG).

Background of the Invention

Part of the basis for the invention is found in research into purinergic receptor 25 subtypes (P2X) in the bladder. It is known that P2X binding sites are present in the

human bladder and it has been possible to detect the distribution of the P2X receptors in tissue. Subtypes P2X₁ to P2X₇ have been identified.

Further studies have been carried out in respect to patients suffering either from instability of the detrusor muscle of the bladder ("detrusor instability" or "DI") or 5 from sensory urgency ("SU"). The patients of particular interest were considered refractory, in that these patients had been tested urodynamically for confirmation of their condition; the patients were placed on at least two different anti-muscarinic drugs for at least one year, and at the same time underwent bladder training, without effect. The studies showed that, in the case of detrusor instability, there 10 was clear evidence of a down-regulation of receptor subtypes P2X₃ and P2X₅, with the minor subtypes P2X₄, P2X₆ and P2X₇, exhibiting increased subsynaptic distribution. It may be a combination of the downregulation of the P2X₃ and P2X₅ subtypes with a small increase in overall distribution of the P2X₄, P2X₆ and P2X₇ subtypes that leads to an overall prolongation of purinergic response seen in the 15 idiopathic detrusor instability detrusor. In the case of patients with sensory urgency, the studies showed clear evidence of a general down-regulation of all subtypes beneath the parasympathetic varicosities, except for P2X₇, which remained at low levels.

In these studies, a patient with sensory urgency typically had a first desire to void 20 at less than 150mL and maximum functional cystometric capacity at 150-300 mL and often even much lower. Infection as a cause of bladder incontinence in these patients was excluded as all showed negative mid-stream urine microscopy and culture. Unstable detrusor contractions were absent. Patients with idiopathic detrusor instability typically had a first desire to void at 150-200 mL and possessed 25 a maximum cystometric capacity of 350-400 mL. Diagnosis of DI was made when detrusor contractions were observed on urodynamic testing and there was no outflow obstruction or neurological disease.

During pregnancy, there is usually increased pressure on the bladder. This is particularly the case during late pregnancy. Investigations have been made to determine the expression of P2X receptor subtypes during pregnancy.

It has been found that, in the pregnant rat bladder, some P2X receptor subtypes are
5 down-regulated while others are up-regulated during pregnancy. In particular, it was found that the fast ionotropic subtypes P2X₁, P2X₂, P2X₃ and P2X₅ are progressively down-regulated from beneath the varicosities, whereas the slower subtypes, P2X₄ and P2X₆, are dramatically up-regulated by day 17 of the rat pregnancy. It is postulated that in humans these changes occur under the influence
10 of pregnancy hormones, such as progesterone. Perhaps these hormones induce their biological effects by binding to cytoplasmic receptor proteins that transport hormone to the nucleus; subsequent interaction with DNA in the nucleus may modulate the gene expression for such proteins as the P2X receptors. It is also possible that, alternately or additionally, the hormones may affect the supply of
15 ATP acting on the P2X receptors by reducing the expression of ATPases that control the supply of ATP to the receptors, with the fast types P2X₁, P2X₂, P2X₃ and P2X₅ being down-regulated, perhaps through mechanisms including receptor internalisation, leaving the slow types P2X₄ and P2X₆ up-regulated in contrast.

It is believed that the fast subtype P2X₇ may also be upregulated, along with P2X₄
20 and P2X₆ but to a lesser extent.

Accordingly, the approach of the present invention is found in the modulation of expression of the P2X receptors by mimicking conditions of advanced pregnancy, in which the pregnancy hormones are able to modify the expression of the P2X receptors in a pattern which acts to reduce the micturition initiation response, while
25 ensuring enhanced emptying of the bladder. It is believed that the urination initiation signal is somehow desensitised in advanced pregnancy, while the capacity to properly empty the bladder is maintained, possibly through increasing the non-densensitising receptors, mainly P2X₄ and P2X₆. It is further believed that

the invention relates in particular to treatment of those conditions which are refractory cases involving disruption to the purinergic receptor subtypes referred to above. It may be that the muscarinic receptors are not involved directly in the conditions to be treated by the present invention.

- 5 A factor in male incontinence may be partial occlusion of the prostatic urethra caused by hyperplasia. The approach of the invention involving manipulation of the P2X receptor subtype expression in the bladder to control the effects of incontinence has now been applied to the prostate to control hyperplasia. It has been found that the application of hormones, especially phytoestrogens and/or 10 isoflavones of various combinations, in amounts of approximately 40mg/day of active ingredient, can reduce prostatic bulk in humans associated with benign prostatic hyperplasia, thereby improving urinary function.

Phytoestrogen and/or isoflavone supplementation can also alleviate the symptoms of incontinence in patients generally, primarily women, but not confined to them.

- 15 While indications are that urinary incontinence is most prevalent in post-menopausal human females, it is to be understood that the invention is not limited to this but may also be applicable to other human females, to human males, and to other mammals.

Because current studies and investigations may not fully explain the working of the 20 invention, it is necessary to define the invention in a number of aspects, as set out below. It is possible and likely that there will be overlap of at least some of those aspects.

Disclosure of the Invention

Accordingly, in a first aspect, the invention provides a pharmaceutical composition 25 for treatment or prevention of urinary dysfunction in a mammal, the composition including a pharmaceutically effective amount of one or more substances capable

of enabling the bladder of the mammal to mimic conditions found in advanced pregnancy.

In a second aspect, the invention provides a pharmaceutical composition for treatment or prevention of urinary dysfunction in a mammal, the composition

5 including a pharmaceutically effective amount of one or more substances adapted to regulate the expression of one or more ATPases that control the supply of ATP to P2X receptors in the bladder of the mammal. Preferably, the ATPases control the local supply of ATP to the P2X receptors so as to down-regulate expression of receptor subtypes P2X₁, P2X₂, P2X₃ and P2X₅ in the bladder of the mammal at

10 parasympathetic nerve neurotransmitter release sites.

In a third aspect, the invention provides a pharmaceutical composition for treatment or prevention of urinary dysfunction in a mammal, the composition including a pharmaceutically effective amount of one or more substances adapted to down-regulate expression of subtype receptors P2X₁, P2X₂, P2X₃ and P2X₅ in

15 the bladder of the mammal at parasympathetic nerve neurotransmitter release sites.

In a fourth aspect, the invention provides a pharmaceutical composition for treatment or prevention of urinary dysfunction in a mammal, the composition including a pharmaceutically effective amount of one or more substances adapted to down-regulate expression of subtype receptors P2X₁, P2X₂, P2X₃ and P2X₅

20 while up-regulating expression of subtype receptors P2X₄ and P2X₆ in the bladder of the mammal at parasympathetic nerve neurotransmitter release sites.

In the various aspects of the invention above, the substances may include one or more pregnancy hormones. Preferably, the pregnancy hormones are chosen from the group consisting of progestins and estrogens. Progesterone may be mentioned

25 as one preferred substance.

The substance (or substances, if more than one) may include one or more phytoestrogens and/or isoflavones. Phytoestrogens and/or isoflavones may be used in various combinations, as indicated above.

The quantity of the substance or substances, if more than one, depends on the 5 mammal and the result to be achieved, preferably while limiting side effects. For example, in the case of humans, when enabling the bladder to mimic conditions found in advanced pregnancy, it is desirable to provide the substance or substances in sufficient amounts to increase the level of plasma progesterone from 25 to 125mg/mL of plasma. This can be achieved, for example, via oral administration or 10 via implant with doses of up to 250mg/day but should exceed 5mg/day.

The same doses alter the receptor expression in DI and SU patients by down-regulating expression of receptor subtypes P2X₁, P2X₂, P2X₃ and P2X₅ in the bladder of the patient at parasympathetic nerve neurotransmitter release sites. These doses may also up-regulate expression of subtype receptors P2X₄ and P2X₆, 15 as well as P2X₇ but to a lesser extent.

Phytoestrogen is conveniently provided by, for example, the commercially available product Promensil, manufactured by Novogen. A suitable amount may be in the range of 40-160mg/day of Promensil. The range of 40-160mg/day of Promensil can alleviate the symptoms of incontinence in female patients. When 20 treating male patients, the dose of Promensil is preferably around 40mg/day.

The substances are not limited to progestins, estrogens and phytoestrogens and/or isoflavones. While progesterone and phytoestrogens and/or isoflavones are preferred, this invention covers other substances or combination of substances which may be suitable. Especially in the case of human patients, appropriate 25 combinations should be tried on a case-by-case basis to optimise the desired effects while limiting any side effects in patients susceptible to side effects for reasons of sensitivity, for example.

There may be a synergistic effect between progesterone and suitable corticosteroids such as desoxycorticosterone. In particular, the ratio of pregnancy hormones estrogen and progesterone and minerclocorticoids may be particularly important. Further, the pattern of use of one or more of the above pharmaceutically effective agents may need to be altered for optimum effect.

The invention also provides a method of treating or preventing urinary dysfunction in a mammal, including administering to the mammal a pharmaceutical composition as defined in any of the aspects above.

The invention also provides the use of a pharmaceutical composition defined in any of the aspects above, in the treatment or prevention of urinary dysfunction in a mammal.

Preferably, the mammal is a human.

Examples of the Invention

The invention will now be illustrated by certain non-limiting examples thereof as follows:

Example 1

Eighteen female human patients with DI, aged from 30 to 81 years, were tested urodynamically. These tests revealed the first desire to void occurred at an average 173mL (range 50-350mL). The average maximum bladder capacity was 340mL (range 150-570mL). The average maximum detrusor pressure was 48cm H₂O (range 18-100cm H₂O).

Microscopic observation failed to reveal any SV2-labelled neurotransmitter release sites at parasympathetic nerve varicosities that were colocalized with either of the subtype receptors P2X₃ or P2X₅. The expression or synthesis of these two subtypes appeared markedly reduced in the detrusor from DI patients, compared with 22 adult control bladders.

- In the DI patients, in the unstable muscle, P2X₄ and P2X₆ subtypes were more commonly associated with SV2-staining varicosities than in control bladders (36% and 33% versus 16% and 18%, respectively), but like the control bladders, image analysis showed that the intensity of the Cy2 fluorescence with the subtypes was
- 5 low compared with P2X₁ and P2X₂ (< 10%). The majority of SV2-labelled varicosities from DI patients were immunolocalized with trace amounts of P2X₇ compared with the lower levels found in control bladders. The levels observed were typically much lower than the levels observed in varicosities colocalized with P2X₁ and P2X₂.
- 10 Treatment: to a non-pregnant female human suffering from DI, administer progesterone in the amount of 50-250mg/day to alleviate symptoms.

Example 2

- A study was conducted using rats fed either a phytoestrogen free diet for six months or an identical diet but supplemented with red clover (5%) as an example
- 15 of a typical phytoestrogen enriched diet. The bladders of the rats fed the phytoestrogen free diet were indistinguishable from normal bladders in terms of P2X receptor expression. The rats fed the red clover supplement showed very clear signs of reduction in P2X₁, P2X₂, P2X₃ and P2X₅ expression with concomitant increase in P2X₄, and P2X₆ at subsynaptic loci.
- 20 Treatment: to a female or male human patient suffering from DI and SU, administer Promensil in the amount of 40-160mg/day, adjusted according to patient reaction, to alleviate symptoms of incontinence.

Example 3

- Treatment: to a male human patient having benign prostatic hyperplasia affecting
- 25 continence, administer Promensil in the amount of 40mg/day.

It will be apparent to those skilled in the art that many obvious modifications and variations may be made to the embodiments described herein without departing from the spirit or the scope of the invention.

Industrial Applicability

- 5 In view of the substantial economic impact of urinary dysfunction, the present invention in its many aspects offers a commercial solution alleviating the problem.

Claims

1. A pharmaceutical composition for treatment or prevention of urinary dysfunction in a mammal, the composition including a pharmaceutically effective amount of one or more substances capable of enabling the bladder of the mammal to mimic conditions found in advanced pregnancy.
5
2. A pharmaceutical composition for treatment or prevention of urinary dysfunction in a mammal, the composition including a pharmaceutically effective amount of one or more substances adapted to regulate the expression of one or more ATPases that control the supply of ATP to P2X receptors in the bladder of the mammal.
10
3. The pharmaceutical composition of claim 2, wherein at least one of the ATPases is adapted to control the supply of ATP to the P2X receptors, so as to down-regulate expression of receptor types P2X₁, P2X₂, P2X₃ and P2X₅ in the bladder of the patient.
4. A pharmaceutical composition for treatment or prevention of urinary dysfunction in a mammal, the composition including a pharmaceutically effective amount of one or more substances adapted to down-regulate expression of subtype receptors P2X₁, P2X₂, P2X₃ and P2X₅ in the bladder of the mammal.
15
5. The pharmaceutical composition of claim 4, wherein the one or more substances are also adapted to up-regulate expression of subtype receptors P2X₄, and P2X₆.
20
6. The pharmaceutical composition of any one of claims 1 to 5, wherein the one or more substances are chosen from the group consisting of progestins, estrogens, phytoestrogens and/or isoflavones.
25

7. The pharmaceutical composition of claim 6, wherein the or at least one of the substances is progesterone.
8. The pharmaceutical composition of claim 6, wherein the or at least one of the substances is a phytoestrogen and/or isoflavone or combination of
5 phytoestrogens.
9. The pharmaceutical composition of claim 6, wherein the or at least one of the substances is a combination of phytoestrogens and/or isoflavones.
10. The pharmaceutical composition of claim 8 or 9, wherein the urinary dysfunction is caused by benign prostate hyperplasia.
- 10 11. The pharmaceutical composition of any of one of claims 1 to 9, wherein the urinary dysfunction includes sensory urgency.
12. The pharmaceutical composition of any one of claims 1 to 9 wherein the urinary dysfunction includes detrusor instability.
13. The pharmaceutical composition of any one of claims 1 to 12 wherein the
15 mammal is a human.
14. The pharmaceutical composition of claim 13 when dependant on claim 7, wherein the progesterone is provided in a dose of 50-250mg/day.
15. The pharmaceutical composition of claim 13 when dependant on claim 8 or 9, wherein the phytoestrogen and/or isoflavone or combination of phytoestrogens
20 and/or isoflavones is provided in a dose of 40-160mg/day.
16. A method of treating or preventing urinary dysfunction in a mammal, including administrating to the mammal a pharmaceutical composition as defined in any one of claims 1 to 15.
17. Use of a pharmaceutical composition as claimed in any one of claims 1 to 15,
25 in the treatment or prevention of urinary dysfunction in a mammal.

18. A pharmaceutical composition substantially as herein described in any of examples 1 to 3 herein.
19. A method of treating or preventing urinary dysfunction in a mammal substantially as herein described in connection with any one of examples 1 to 3
5 herein.

INTERNATIONAL SEARCH REPORT

International application No.
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A. CLASSIFICATION OF SUBJECT MATTER										
Int. Cl. ⁷² : A61K 31/57, 31/352, A61P 13/10										
According to International Patent Classification (IPC) or to both national classification and IPC										
B. FIELDS SEARCHED										
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IPC: AS ABOVE										
Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched										
Electronic data base consulted during the international search (name of data base and, where practicable, search terms used) WPAT: incontinence, continence, bladder, urinary dysfunction, detrusor, estrogen, oestrogen, progesteron, progestin, isoflav, phytoestrogen, hormone replacement, P2X, purinergic. MEDLINE: Same as above.										
C. DOCUMENTS CONSIDERED TO BE RELEVANT										
Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.								
X	RATZ P H ET AL, THE JOURNAL OF UROLOGY, (1999) 162, 1821-1828.	1-19								
X	EKSTROM J ET AL, THE JOURNAL OF UROLOGY, (1993) 150, 1284-1288.	1-19								
X	MAYEAUX E J ET AL, THE JOURNAL OF FAMILY PRACTICE, (1996) 43, 69-75.									
<input type="checkbox"/> Further documents are listed in the continuation of Box C <input type="checkbox"/> See patent family annex										
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"Y"	document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art									
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Name and mailing address of the ISA/AU AUSTRALIAN PATENT OFFICE PO BOX 200, WODEN ACT 2606, AUSTRALIA E-mail address: pct@ipaustralia.gov.au Facsimile No. (02) 6285 3929	Authorized officer SHUBERA CHANDRA Telephone No : (02) 6283 2264									

INTERNATIONAL SEARCH REPORT

International application No.

PCT/AU01/01079

C (Continuation). DOCUMENTS CONSIDERED TO BE RELEVANT		
Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
P X	US APPLICATION 20010005728, A1 (GUILTARD ET AL) 28 June 2001, Whole document.	1-19
P X	WEIN AJ, EXPERT OPIN INVESTIG DRUG, (January 2001) 1, 65-83	1-19
P X	GRADY G ET AL, JOURNAL OF FAMILY PRACTICE, (May 2001), 50(5)	1-19

INTERNATIONAL SEARCH REPORT
Information on patent family members

International application No.
PCT/AU01/01079

This Annex lists the known "A" publication level patent family members relating to the patent documents cited in the above-mentioned international search report. The Australian Patent Office is in no way liable for these particulars which are merely given for the purpose of information.

Patent Document Cited in Search Report	Patent Family Member
US 20010005728	NONE

END OF ANNEX